

# NORTHWESTER

## NEWSLETTER



### Esther Up!

Greetings. WHERE HAS THE TIME GONE! It just seemed like we sent our first electronic newsletter in November and here it is, nearly the end of February. Lent, a time of reflection and spring, a time of new growth are not far away.

It was great to hear from so many of you, that you enjoyed reading our first edition of the electronic Northwester newsletter cover to cover. I hope that you shared it with others who are not on our mailing list or do not have computer access and thank you to those who have contacted me to be placed on the mailing list.

I wish to share with you some of the highlights that you will read about in this edition.

1. The SWO Board is planning a "SWO mini convention" along with Chippewa Valley's Women's Retreat.
2. 12th Annual Triennial Convention nominations for voting members.
3. What's happening in the Heart of the North with some of their amazing quilters.
4. Malawi Literacy Fund.
5. Justice involvement opportunities and what is happening in the Northwest Synod.

I wish to leave with you a challenge for 2022. This weekend I participated in a W/ELCA leadership training

via Zoom titled, "For such a time as this: Spirit Fed, Spirit Led". What an experience to talk with women across the nation. Ladies we are not alone. Everyone who I had a personal opportunity to speak with asks the same questions, "Where do we go from here? Because of the Pandemic and even before the Pandemic, many are still dealing with the questions we all ask, how many times do we recycle our former officers, how do we ask people to step outside of their comfort zone and become involved. Many still are not meeting in person, some are trying to meet via Zoom, quilters are still busy, and many are trying to plan conference meetings so they too can elect their officers and not knowing how many to plan for.

My challenge is that in the year of 2022, I encourage you to dwell in the book of Esther. Read it individually or read it as a book study group. This was our bible study for one of our sessions. Esther too lived in a time of great uncertainty, being put in a position she too was not comfortable or familiar with yet persevered. As our leader read through the book of Esther, we could see how Esther was both "Spirit Fed" and "Spirit Led". So may the spirit both feed and lead you all through this coming year. Esther Up!

Barb Garling  
Interim SWO President



### The Parable of the Coffee Plant

I have a coffee plant in my laundry room that gets the morning sun. It's a healthy plant which I've had for a few years, but occasionally I forget to water it. It then becomes droopy. After a watering, it quickly perks up and I can let it be for five days or so. I realize, however, that eventually it would die if I neglected it too many times.

This plant reminds me of our spiritual lives. I once expressed my appreciation to my pastor for a sermon he gave that particularly spoke to me. I told him if I did not regularly read or hear the Word through Sunday worship experiences, read devotional readings or listen to hymns and music that expressed my faith, I would probably become a secular person and go about my life forgetting about God and depend on my own strength. But what would happen when I no longer had control over my life, would feel helpless and hopeless? I would be like a droopy coffee plant needing water, sun and nourishment.

The Bible is filled with verses that attest the fact that God's word will nourish our faith to help us through the fears and hardships we experience in our lives:

- *Your word is a lamp to my feet and a light to my path (Psalm 119:105).*
- *For whatever was written in former days was written for our instruction, that through...the encouragement of the scriptures we might have hope (Romans 15:4).*
- *The grass withers, the flower fades, but the word of our God will stand forever (Isaiah 40:8).*
- *So faith comes from hearing, and hearing through the word of Christ (Romans 10:17).*

In her chapter entitled "Faith," Kathleen Norris writes, "Faith is a constant, always there, but surging and ebbing, sometimes strongly evident and at other times barely discernible on my spiritual landscape. ... Faith then, is fragile, something that needs tending" (Amazing Grace, p. 170). And like my plant, faith needs tending which happens through the Word and the Sacraments, through worship and music and the written and oral experiences of faithful followers of Jesus down through the ages. It is through these means we can all receive the nourishment we need for sustenance in our daily faith lives.

Dawn Olson  
SWO Vice-president

### Get Ready!

Get ready because after three years we are going to hold a "Mini SWO Convention".

Please let me share this wonderful opportunity. Last year Chippewa Valley Conference extended a warm welcome to Heart of the North, Dairyland and Superior conferences to join in their Women's Retreat at Luther Park in Chetek, Wisconsin. I heard they had a great time with over 80 women attending. When our SWO Board met last fall, we were discussing about needing to go ahead and hold a convention and thought what a great opportunity to hold it at a Bible Camp. The call was made to check to see if our date would work and discovered that Chippewa Valley had already reserved the dates of June 8th and 9th for their 2022 Women's Retreat. After further discussion we asked Diane Campbell, our Chippewa Valley Representative to see what she could do. The wheels started turning and soon I heard from Jacki Johnson, Chippewa Valley Conference Coordinator. I explained to her what we would like to do and if possible, to be a part of their event. Jacki took our request back to her board and then let me know that it could be done.

So let me continue with more of my news. In past conventions some of you have suggested on the evaluation form, "How about a one-day event?" Well, here is your opportunity. An opportunity to have breakfast and lunch and/or lunch and dinner, browse through King's Way book display, hear an uplifting speaker, enjoy an afternoon of activities followed by our "mini convention" in a camp setting. On June 9th at 3:00 p.m. after the retreat is over a "mini convention" will be held. What is going to be done at our "mini convention"? Finally, the election of your new SWO Executive Officers and Conference Representatives, election of the 2023 Triennial voting members and approval of the 2022 budget. So mark your calendars, talk it up in your unit meetings and appoint a voting member. See you in June.

Now for further clarification. At the time we were thinking that a Hybrid Zoom meeting would have to be held because only Heart of the North, Dairyland and Superior conferences had been invited. A few weeks ago, Jacki called me and said that Chippewa Valley would extend a welcome on Thursday, June 9th to Apple River, Chequamegon and St. Croix Valley conferences. So we are not doing a Zoom Hybrid

meeting because all can attend in person. Thank you, Chippewa Valley, for your gracious hospitality.

I would like to highlight some things on the registration form that is included later in the newsletter. Heart of the North, Dairyland and Superior may register for either one or both days (June 8th and 9th). *Apple River, Chequamegon and St. Croix Valley may only register for one day (June 9th). Apple River, Chequamegon and St. Croix Valley attendees are not able to stay at the camp Wednesday evening, but Rice Lake and Barron are approximately 24 minutes from the camp with motels to choose from if you are coming from a distance.* There is a line on the registration form that says, "Attending Northwest SWO Meeting Only". If you are within driving distance of the camp and only want to come to the convention at 3:00 and not participate in the day's activities, there is no charge. Chippewa Valley is handling all the registrations and registration fees. If you have any questions at all about the convention or the registration form, please feel free to contact me, Barb Garling, either by email [dubar342@gmail.com](mailto:dubar342@gmail.com) or call 715-357-3700.



### We Need You!

Not only are we voting to select our SWO Officers and Conference Representatives in June, but we also need to vote on selecting our voting members for the 12th Annual Triennial Convention which again will be held in Phoenix, Arizona in the fall of 2023. I know that 2023 seems a long way off, but because of the Pandemic, the 2020 Triennial voting sessions were not able to convene until August of 2021, thus shortening our time to select our voting members.

I would like to share with you the reason why certain questions have been placed on this nomination form (included later in the newsletter).

Summarizing the W/ELCA Constitution for Triennial voting members:

1. *Each unit may select and submit one nominee who will be a voting member.*
2. *A unit may submit the name of a nominee even though the SWO President is a part of that unit. (The SWO President is considered a voting member by default.)*

3. *The Nominating Committee in selecting nominees as nearly as possible, at least 10% shall be of color and/or persons whose primary language is other than English. Also, consideration shall be given to geographic location, variety of ages and diversity of experience, including living with a disability.*

I hope that in the coming months that you prayerfully consider being a nominee. It is an experience that one never forgets.

Forms are to be returned to me either by snail mail or email no later than April 15, 2022. If you have any questions, please feel free to contact Barb Garling by email at [dubar342@gmail.com](mailto:dubar342@gmail.com) or call me at 715-357-3700.



### Malawi Education Fund

In Memory of Kathy Oelschlager, the "Harold and Kathy Oelschlager Malawi Education Fund" has been established at the NW Synod of Wi. Harold and Kathy Oelschlager visited Malawi Africa for 3 months in the 1990's and came back to our synod advocating for a synod companion relationship with the Evangelical Lutheran Church in Malawi (ELCM). They visited hundreds of congregations in our synod sharing their story of Malawi and urged congregations to build a relationship with the Evangelical Lutheran Church in Malawi to equip ourselves and our companions for our call to share the good news and to serve our neighbors. Because of the impact of Kathy and Harold Oelschlager, the synod companion relationship covenant with ELCM became reality in 1999 and the companion synod relationship has blossomed to what it is today.

As Malawi requests funds for education, including literacy funds for educating women of Malawi, the funds will be sent from this new education fund. If your unit wishes to contribute in honor or memory of Kathy or to give funds for literacy education, the funds can be sent to the SWO treasurer, Phyllis Beaström and she will forward them to the synod office.



**Your Offerings at Work!**

Even though we are still in a pandemic, I am delighted to report that many units have responded with offerings this fiscal year from February 1-January 31. Thank you, Women of the Northwest Synod of Wisconsin, for your faithful support.

Below is a summary of offerings and Malawi literacy funds received from units for the past four fiscal years and some of the missions supported with these offerings. The Malawi Literacy Funds have been sent to the synod office and are sent to Malawi when requested for literacy education.

Units are encouraged to collect a Regular Offering every time they meet (Bible Study, meetings, quilting, assembling kits, planning sessions). The unit treasurer shares one half of the offerings received with the Synodical Women’s Organization, who then shares one half of that amount with the churchwide organization of Women of the ELCA. It is through you that the Synodical Women’s Organization and Churchwide Women of the ELCA can carry out their mission and ministries.

	2018-2019	2019-2020	2020-2021	2021-2022
Unit offerings	\$21,168.72	\$19,982.87	\$11,975.78	\$13,735.00
Malawi literacy fund	\$ 515.00	\$ 480.00	\$ 170.00	\$ 250.00
Missions Supported:				
Offering to churchwide	\$10,604.00	\$10,875.00	\$ 6,000.00	\$8,000.00
Lay School scholarships	\$ 700.00	\$ 700.00	\$ 500.00	\$ 500.00
Seminary scholarships	\$ 3000.00	\$ 2500.00	\$ 2000.00	\$ 2000.00

**REMINDERS:**

- Each congregational unit shall submit \$30 yearly to the SWO treasurer for the Convention Expense Fund to help defray the expenses of the convention, enabling a lower convention registration fee and encouraging more to attend. [Form A](#) on the W/ELCA website includes a line for this fund.
- Thrivent members can request two Thrivent Action Team grants yearly, each for \$250 to purchase batting and other quilting supplies, items for Lutheran World Relief kits, diapers for the food pantry, etc. Consider the needs of your

congregation or community and apply for the Thrivent Action Team grants.

- If you’re unsure of where to send offerings or which form to use, request an offerings summary page from me. I will e-mail or mail the guide to you.

Phyllis Beastrom  
 SWO Treasurer  
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[nwswotreas@gmail.com](mailto:nwswotreas@gmail.com)



**Social Justice and Advocacy News**

If you are interested in becoming involved or wish to know more about the various justice opportunities that are happening in the Northwest Synod, nationwide or globally, please check out the following links at the end. Many of you who receive the notices from the Synod have already discovered this website and the Justice Team’s first Newsletter. If so, please share it with others who are interested in justice issues. After a “Servant Leader” training titled “for such a time as this: Spirit Fed, Spirit Led”, Christine Mangale from ELCA/LWF spoke on justice and what is happening globally. One of the questions she was asked was “How does one choose, since there are so many injustices in the world”. Her response was, “We cannot solve all, but choose one that you that you have a passion for”.

Click [HERE](#) for the Justice Newsletter.

Click [HERE](#) for the Synod’s website page listing the various justice activity that you may become involved with.



**SWO Website**

Dawn Wicklund, the SWO Website and Facebook editor, is continuing to rebuild the new [website](#). Click [HERE](#) to find financial forms for treasurers on the W/ELCA website. Items can be sent to Dawn for the website or Facebook page at [dwicklund@gmail.com](mailto:dwicklund@gmail.com)

## God's Work, Our Hands

When Barb asked me to write about quilting at New Hope, I thought that would be rather easy. Not! I have called all the senior ladies and asked when it started. No one can remember. In the "olden days" almost all women quilted—using pieces from old clothing and using the quilts for practical purposes. When did that change to mass production for Lutheran World Relief and local needs?

New Hope Sand Creek was established in 1973 or 1974 by joining two Lutheran churches together. Zion Lutheran was in town and Our Savior's was in the country. The churches were separated by the Red Cedar River and some miles. Ladies in both churches met occasionally to quilt and to enjoy fellowship.

Our New Hope Comforters records begin in 1992. Prior to that time, we do not find numbers. Each year the number of quilts finished grew. The number of women participating also grew. Today we have as many as 30 women who meet on Monday mornings. Many of the women are not women from our congregation. One comes from Eau Claire and another from Elk Mound—both 35+ miles away. It has become a community gathering with a common purpose. Our goal has been 1,000 quilts annually. Sometimes we surpass that number—even during the pandemic.



*New Hope Quilters*

On Mondays there are two ironing stations where fabric and clothing pieces are pressed. There are tables where clothing is ripped apart. The fabric pieces go to the tables where "squares" are drawn around pieces of Plexiglas and the "squares" are cut and sorted into three sizes. From there we have tables in two rooms where tops, middles, and backing are assembled, tied,

and pinned together pulling the back over to form a binding. Finally, the quilts are machine stitched together. Not many of the tops are sewn at church. We do most of that at home. After most of the women go home, a small group stays to lay out the pieces that have been cut that day in an attractive manner. These pieces are grouped together and tied in a bundle. We take the bundles home and sew them together for the next week. A couple of faithful women assemble middles and backs during the week to be used on the next Monday.

It's not only women who work with the quilts. A couple of men show up each week to haul the boxes of completed quilts to be stored in our church garage. Two men have been seen cutting squares.

It's not only "quilting" on Mondays. We also assemble school kits, personal health kits, layettes, fabric kits. When there is no school, our youth will come to unwrap, sort, and assemble items for the kits. You see, this is a multigenerational group as well as a community group.

While looking for data, I learned that Grandma Lofthus was a church quilter. She lived to be 108 and attended the quilting group until she was nearly 100 years old. Grandma Sylte, although not an avid quilter, also participated. I'm sure there were many more moms and grandmothers that should be listed, but the current quilters are not so young, and our memories aren't all that accurate. However, we can still remember that we should go to church on Mondays (as well as Sundays) to do service for our Lord and community.

So, where do these quilts go? We give them to anyone in the community that is ill or hurting. Many go to the local food pantries to be distributed as birthday gifts for the young or comfort for the "not so young". Of course, we ship trailer loads to LWR. We take quilts to the Veteran's Home in Chippewa Falls—one for each resident. At Christmas each of us has been given a quilt (or two) with the instructions to deliver them to someone who could use comfort. We believe in and practice using "our hands for God's work".

Janet Allison, Coordinator  
Heart of the North



## Northwest Synod of WI Conferences

### Apple River Conference

Gloria Rolstad

The Apple River Conference will be holding the “Spring Day of Renewal” women’s gathering to be held on Saturday, April 9th at the First Lutheran Church in Cushing, WI. Registration will begin at 8:00 am with morning coffee and treats served during registration and lunch to be provided following the gathering. The main speaker will be Meg Corrigan, who will tell stories of wisdom, strength, fear, joy and risk taking. Meg Corrigan is an educated woman who has many life experiences. All are welcome to enjoy a transforming experience!

### Chippewa Valley Conference

Diane Campbell

We all seem to breathe a little easier when January is over. Why? It’s usually the coldest month of the year. We rejoice at the longer days in February, and dream of summer. We often forget that we have 2-3 months of snow and cold temps ahead of us, including the winter snowstorm we often get during the Boys Basketball Tournament in March.

Accomplishing our pre-covid church and W/ELCA activities in 2021 often felt the same as dealing with January winter weather as we look toward spring. I know I felt very hopeful LAST spring--it felt like activities would be able to get back on track.

Some churches have been able to meet in person during the pandemic. Others, only met virtually, and started slowly--allowing 25 to worship at a time--wearing masks and sanitizing after each worship. Some of our churches have hosted dinners, while other churches only serve food made “professionally” and servers wear gloves and masks.

The one constant during covid has been our WELCA women working on mission projects. During total shutdown, many women worked at home. I’ve heard many comments that they were worried about the shortage of quilts for LWR and other charities, so they took supplies home to work on them. Most groups have now resumed in person gatherings, and it’s so joyful to hear them laugh and enjoy themselves.

The Chippewa Valley Board has not officially met since 2019, but we are hoping to do so this spring.

The Chippewa Valley Retreat Committee continued to work and communicate with Luther Park. They decided to host our annual Retreat in JUNE, rather than August.

Registration for the CHIPPEWA VALLEY RETREAT will start at 9:30 am on Wednesday, June 8, 2022, and the retreat will end after lunch on Thursday, June 9. The registration form is attached to this newsletter.

Your SWO Board has made a huge change also. We need to have our SWO Business Meeting, to elect officers and vote on constitutional amendments. After a lot of discussion, and working with the Chippewa Valley Retreat Committee, it was decided to hold our SWO Business meeting in the afternoon of Thursday, June 9th, after the Chippewa Valley Retreat ends. You can come just for the afternoon OR attend the activities of the Chippewa Valley Retreat on June 9th, by registering for the day, which includes taking part in the activities scheduled, and lunch.

Another change made on the SWO level is the Unit Officer Form. ALL CHURCHES are encouraged to email the information of their WELCA contact person, and their WELCA treasurer. We would like you to email this information to your Conference Rep (Diane Campbell), our SWO Secretary (Connie Anderson) and our SWO President (Barb Garling). Your church will receive this information soon. Click [HERE](#) to find the Unit Officer Form on the SWO Website. A copy is included later in this newsletter

Just as we Wisconsinites are looking forward to spring, we have lots of work to do with snow and cold temps before it comes. The SWO Board and your Chippewa Valley Board are making slow but steady steps to create procedures so our WELCA groups can grow, communicate and thrive in the future, once we feel comfortable meeting in person.

We know many of our members still struggle with using the computer. If you are reading this, apparently you are comfortable with it. We are asking YOU to print out forms, and newsletters for your church women who are computer challenged. Thank you.

I’m looking forward to seeing old friends at our retreat on June 8th and 9th and making new friends.

## Lake Superior Conference

Kathy Rewalt

Our winter season saw us enjoying craft, cookie and lefse sales. We held community drive thru dinners, and we were blessed to have finally had in person Advent and Christmas worship. We are now looking towards the spring and summer activities. With the corona virus still going strong in our part of the state, some churches have gone back to online services and meetings for a few weeks. But that doesn't stop us planning. With Lent only a few weeks away, churches are working on their Wednesday night services along with soup suppers. Change has been good for us, and we are all learning to use live streaming as an every week occurrence along with Facebook and YouTube. We are reaching out to many more people in our congregations and communities with our weekly services. We have also been honored to live streamed some funerals so many more family members could be part of the life celebrations. Information has been sent out to our conference churches about updating our Unit Contact information. We are also excited to have been invited to join Dairyland and Chippewa Valley conferences in June for a retreat at Luther Park. More information is coming concerning the retreat. Info will be sent by email to individuals and will be sent to your church offices. Blessings to all.

## Dairyland Conference

Jean Larson

After a three-absence due to the pandemic, the Dairyland Conference will hold their "Morning of Renewal" on April 20, 2022 at Sabylund Lutheran, Stockholm.

One of the goals set by the Dairyland Conference Board was to publish a conference newsletter two to four times per year. We are pleased to report that since 2019, five newsletters have been published; and we still have work to do and room to improve on this goal!

One of the things that went into publishing the newsletter was to create a heading that represents the congregations of the Dairyland Conference. A quilt block called "Hole in the Barn Door" was chosen to symbolize the farming heritage of the Dairyland Conference and to honor the thousands of quilts made by the people of our church communities.



*Hole in the Barn Door Quilt Block in Newsletter Heading*

The Dairyland Conference churches and Sunday Schools are continuing to hold their services either in person, live stream or outdoors. Some of the churches have had in-house or drive-by dinners, "bakeless" bake sales, and other events. Baptism, funerals and other celebrations are beginning to be held in the sanctuaries of many congregations. Women's groups have started to do their Bible studies, quilting and mission work in person. The pandemic has certainly taught us to think differently, make changes and work together. And as we've seen in so many churches across the Synod, it takes more than a pandemic to stop "God's Work, Our Hands"!



## Unit Contact Form

Please fill out the updated and simplified unit officer form, now called the [unit contact form](#). We only need the contact information of your church, unit president/contact person and treasurer. Please email, if possible, this form to your conference representative, SWO president and secretary. We want you to be able to receive SWO and conference newsletters. If you have already sent in information regarding your officers for the 2021-22 year, there is no need to resend information. Click [HERE](#) to locate the form on the SWO website. It is also included later in this newsletter.

Thank you for your cooperation.



## The NORTHWESTER

This second publication of the digital NORTHWESTER continues to be a work in progress and your ideas and comments about the new publication are welcome! Submit individual comments and ideas, as well as news and photos from your conference or women's group to Kim Vlcek at [vlcekk@yahoo.com](mailto:vlcekk@yahoo.com).

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(Officers and Conference Reps)  
2021-2022

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Facebook

[www.facebook.com/WomenoftheNorthwestSynod/](http://www.facebook.com/WomenoftheNorthwestSynod/)

Articles/photos of your W/ELCA activities are welcomed.

**Women of the ELCA**

**Our Mission – Mobilize women to act boldly on their faith in Jesus Christ.**

**Our Purpose – As a community of women created in the image of God, called to discipleship in Jesus Christ, and empowered by the Holy Spirit, we commit ourselves to grow in faith, affirm our gifts, support one another in our callings, engage in ministry and action, and promote healing and wholeness in the church, the society and the world.**



**ELCA Women's Chippewa Valley Conference**  
**2022 RETREAT at Luther Park Bible Camp**  
**944 24 1/4 Street, Chetek, WI 54728 [www.LutherPark.org](http://www.LutherPark.org)**

**Wednesday June 8<sup>th</sup> & Thursday 9<sup>th</sup> 2022**

**Presenter: Sallie Ankerfelt**

**Music with Dottie Hayden**

**Early Bird Registration \$75 before 5/31/2022. \$80 after 6/1/2022.**

**Make Check payable to WELCA**

**Registration: Wed. 9:30 A.M. – 10:15 A.M.** in the new Ministry Center OR

**Thurs. 7:30 A.M.** New member orientation will be at 10:00 A.M. Wed in the Ministry Center.

**Each person must fill out a form and prepay.**

All rooms are handicapped accessible.

A free will offering will be taken. Please return this form with your check by 6/1/2022. Retreat begins at 10:15 A.M. on Wed. 6/8/22 & concludes at 3:00 P.M. on Thurs. 6/9/22.

One day rate is \$40.

**Please bring:** personal items, towels, pillows, bedding or sleeping bag, flashlight, Bible, pens, swimsuit, snacks, spending money, smock/apron for painting.

-----PLEASE DUPLICATE THIS FORM AS NEEDED-----

**Make Check Payable to WELCA** Any questions call: Phyllis Grohn at 715-836-7055

Send to following address with registration Jacki Johnson at 715-864-1489

Eileen Christopherson

E9941 630<sup>th</sup> Ave

Elk Mound, WI 54739

Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_ Church and City \_\_\_\_\_

Wednesday Only (Program Lunch/Dinner) \$40 \_\_\_\_\_

Thursday Only Breakfast/Lunch/Speaker/Northwest SWO Meeting) \$40 \_\_\_\_\_

Attending Northwest **SWO MEETING ONLY Thursday following retreat (no charge)** \_\_\_\_\_

Name of Conference you are in \_\_\_\_\_

I am a voting delegate \_\_\_yes \_\_\_no

Both days (4 meals and lodging) \$75 \_\_\_\_\_ \$80 after 6/1 \_\_\_\_\_

Total enclosed \_\_\_\_\_ Special Diet \_\_\_\_\_ Check if 1<sup>st</sup> time retreat \_\_\_\_\_

**(Basket Weaving** \_\_\_\_\_ \$19 pay instructor Wednesday **Paint Pouring** \_\_\_\_\_ (no charge) Need an idea of people coming **Card Making** \_\_\_\_\_ (\$1 a card))



Sally Ankerfelt has worked with individuals, families, and congregations for over 28 years as an ordained Lutheran pastor in the Evangelical Lutheran Church in America. For the past 15 years, she served a congregation in south Minneapolis where she guided the faith community in its vision to become a trauma-informed congregation. Sally also is an Adoption Coach with Renew Family Coaching, LLC and Growing Intentional Families Together, LLC. Both specialize in providing support and resources to families, especially adoptive families. In 2019, Sally co-authored Reimagining Adoption: What Adoptees Seek from Families and Faith, a book that helps Christian families and communities welcome, embrace, and become a source of healing for adoptees and their families. Her writing on ambiguous loss can be seen in the March/April 2019 *Fostering Families Today* national magazine. Sally is committed to upholding conversations on how faith communities and individual people of faith can be a source of connection and healing for those who have experienced trauma. She and her husband, Dan, are parents to three adult children. They live in south Minneapolis.



King's Way will have an assortment of Bibles, gifts, apparel, boxed cards, pens, and fun stuff for both days of our retreat. It is always a great selection of awesome items. 😊

#### **Activities we will have during Free Time**

- Basket Weaving – Pre-Register – Wednesday only
- Foot Soaks – Wednesday only
- Water Aerobics – Wednesday only
- Paint Pouring on tile – Wednesday only
- Chair Yoga – Thursday Morning
- Card Making – Both days
- Swimming – Both days
- Pontoon Rides – Both days
- Wagon Rides – Both days

Free will offering

½ - WELCA

¼ - Feed My People

¼ - Partnerships for Permanence

A non-profit that works with former foster and adopted youth.

<https://www.partnershipsforpermanence.org/>

For any questions regarding the “SWO mini conference”  
Please contact Barb Garling at [dubar342@gmail.com](mailto:dubar342@gmail.com) or 715-357-3700

**Nomination for Voting Member to the  
12<sup>th</sup> Triennial Convention of the Women of the WELCA  
Week of September 18, 2023, Phoenix, Arizona  
Election of Voting members plus Alternates will be June 9<sup>th</sup>, 2022  
At the NW Wisconsin Synod of W/ELCA Mini Convention  
Luther Park, Chetek, WI**

Women of \_\_\_\_\_ Name of Church \_\_\_\_\_  
 \_\_\_\_\_ Address of Church \_\_\_\_\_  
 \_\_\_\_\_

From the \_\_\_\_\_ Conference submit the name of  
 Name of Nominee \_\_\_\_\_

Address of Nominee \_\_\_\_\_  
 \_\_\_\_\_

Phone Number of Nominee \_\_\_\_\_

Email Address of Nominee \_\_\_\_\_

**To be considered by the Nominating Committee as a voting member (delegate) to the 12<sup>th</sup> Triennial Convention of the Women of the ELCA to be held in Phoenix, Arizona**

**Please check appropriate box below concerning nominee listed: Attended/Voting Delegate**

1987 Constituting Convention, Milwaukee, WI	_____	/	_____
1990 1 <sup>st</sup> Triennial, Anaheim, CA	_____	/	_____
1993 2 <sup>nd</sup> Triennial, Washington, D.C.	_____	/	_____
1996 3 <sup>rd</sup> Triennial, Minneapolis, MN	_____	/	_____
1999 4 <sup>th</sup> Triennial, St. Louis, MO	_____	/	_____
2002 5 <sup>th</sup> Triennial, Philadelphia, PA	_____	/	_____
2005 6 <sup>th</sup> Triennial, San Antonio, TX	_____	/	_____
2008 7 <sup>th</sup> Triennial, Salt Lake City, UT	_____	/	_____
2011 8 <sup>th</sup> Triennial, Spokane, WA	_____	/	_____
2014 9 <sup>th</sup> Triennial, Charlotte, NC	_____	/	_____
2017 10 <sup>th</sup> Triennial, Minneapolis, MN	_____	/	_____
2020 11 <sup>th</sup> Triennial was postponed and held August 2021 Via Zoom	_____	/	_____

Please indicate if you are a person of color or whose primary language is other than English: \_\_\_\_\_ yes \_\_\_\_\_ no

Please indicate your age bracket: \_\_\_\_\_ Under 40 \_\_\_\_\_ 40-60 \_\_\_\_\_ over 60

Please indicate if you have a physical disability: \_\_\_\_\_ Yes \_\_\_\_\_ No

List Congregational Activities: \_\_\_\_\_  
 \_\_\_\_\_

List Conference Activities: \_\_\_\_\_  
 \_\_\_\_\_

List Synod Activities: \_\_\_\_\_  
 \_\_\_\_\_

Return by April 15, 2022 to: Barbara Garling, 1745 6 ½ Street, Almena, WI 54805 or email [dubar342@gmail.com](mailto:dubar342@gmail.com)

**CONGREGATIONAL UNIT CONTACTS FOR YEAR 2021-22**

<b>NAME OF CHURCH</b>	
Conference	
Location (if different than mailing address)	
Mailing address of Church	
Church Phone Number	
Email address	

<b>CONTACT PERSON AND/OR PRESIDENT</b>	
Name	
Address	
Phone	
Email Address	

<b>TREASURER</b>	
Name	
Address	
Phone	
Email Address	

**PLEASE return with current information electronically, if possible, by February 1 to:**

- **Your CONFERENCE Representative**
  - **Apple River-** Gloria Rolstad 2178 120<sup>th</sup> St. Milltown, WI 54858, [grolstad@msn.com](mailto:grolstad@msn.com)
  - **Chequamegon-** Bev Umnus 124865 County Road N Edgar, WI 54426 [polkatown@airrun.net](mailto:polkatown@airrun.net)
  - **Chippewa Valley-** Diane Campbell 4115 Jeffers Rd Apt 208 Eau Claire, WI 54703 [48princessdi@gmail.com](mailto:48princessdi@gmail.com)
  - **Dairyland-** Jean Larson N47588 Norden Ridge Rd Eleva, WI 54738 [davejeanlarson@tcc.coop](mailto:davejeanlarson@tcc.coop)
  - **Heart of the North-** Barb Garling 1745 6 ½ St Almena, WI 54805 [dubar342@gmail.com](mailto:dubar342@gmail.com)
  - **Lake Superior-** Kathy Rewalt 5620 US Hwy 2 Iron River, WI 54847 [springlake@cheqnet.net](mailto:springlake@cheqnet.net)
  - **St. Croix Valley-** Carol Hajicek 1040 Franklin St Baldwin WI 54002 [carolrh@baldwin-telcom.net](mailto:carolrh@baldwin-telcom.net)
- **SWO Secretary:** Connie Anderson, W11153 Co. Rd J, Stockholm, WI 54769 [conniea111@gmail.com](mailto:conniea111@gmail.com)
- **SWO President:** Barb Garling 1745 6 ½ St Almena, WI 54805 [presidentnswiswo@gmail.com](mailto:presidentnswiswo@gmail.com)

**Thank you!**